

500 S. Bicentennial Blvd.
Ste. 100-B
McAllen, TX 78501
Tel: (956) 585-8700
Fax: (956) 215-7511
Monday - Friday 8:00am-6:00pm

OPTIMUM IMAGING CENTER

www.optimumimaging.com

1300 S. Bryan Rd.
Ste. 104
Mission, TX 78572
Tel: (956) 583-0004
Fax: (956) 583-5790
Monday - Friday 8:00am-6:00pm

SCHEDULING INFORMATION

Appointment Date _____ Appointment Time _____ AM/PM (Stat 2hrs upon request only)

Please arrive on time or 15 min. before your appointment. If you arrive late, Optimum Imaging Center will have to reschedule your appointment.

Patient Name _____ Patient Phone _____ DOB _____
Insurance _____ Insurance ID # _____ Group # _____
Call patient to schedule appt? Y N Phone # _____ Pre Cert # _____ Group/IND NPI _____
Referring MD _____ Phone: _____ Fax: _____

CLINICAL INFORMATION (please specify signs/symptoms)

Referring Physician Signature (required) _____ DX: 1. _____ 2. _____
Give patient CD Comparison Study **Mandatory (ICD 10)**

MRI 1.5 T / OPEN MRI

WITHOUT IV CONTRAST

WITH AND WITHOUT IV CONTRAST

- MRA MRI Head/Brain C-Spine Knee Orbits Hand
 Head Left Pituitary T-Spine Ankle Pelvis (Bony Structure) Wrist
 Carotids/Neck Right IAC's L-Spine Foot Hip Elbow
 Chest Bilateral Abdomen Neck (Soft tissue) Shoulder Breast
 Abdomen Extremities _____ Other _____

CT WITHOUT IV CONTRAST WITH IV CONTRAST WITH AND WITHOUT IV CONTRAST

- CT Angiography Chest Chest CTA PE* CTA Head (COW)
 Left Head/Brain Abdomen/Pelvis C-Spine CTA Femoral Arteries & Runoff CTA Aorta-Thoracic
 Right Paranasal Sinus Neck (Soft Tissue) T-Spine CTA Carotids 3D
 Bilateral Temporal Bones CT Urogram L-Spine CTA Renal Arteries
* PE: Result within 1 hour **Accredited in Pediatric Imaging** Extremity _____ Other _____

DIGITAL MAMMOGRAPHY



- Left Digital Screening Mammogram Digital Diagnostic Mammogram
 Right Bilateral

NOTE: Please make sure patient brings previous Mammo study before or the day of appt.

GENERAL ULTRASOUND

- Left Abdomen Pelvic Breast Neck (Soft Tissue)
 Right Abdomen (Limited) Renal Breast (Limited) Transvaginal
 Bilateral Thyroid Testicular Other _____

VASCULAR ULTRASOUND

- Lower Bil RT LT Renal Artery AAA (Abdominal-Aorta) Arterial
Upper Bil RT LT Carotid Aorta Venous
 Other _____

STRESS TEST

Exercise Stress Test

2D ECHO

Echocardiogram

BONE DENSITY (DEXA)

Osteoporosis Scan Lateral Vertebral Assessment Body Composition

DIGITAL X-RAY

- Chest PA & Lateral Sacrum/Coccyx Shoulder Knee Nasal Bones
 Left Ribs KUB Humerus Ankle Mandible
 Right Sternum Abdominal Series Elbow Foot Facial Bones
 Bilateral Clavicle Pelvis Forearm Toe Paranasal Sinuses
 W/Flex/Ext. C-Spine Hip Wrist Skull TMJ's
 T-Spine Femur Hand Other _____
 L-Spine Tib/Fib Finger

PATIENT PREPARATION INSTRUCTIONS: Please follow preps carefully to ensure an accurate exam. Diabetic patients should not take insulin if fasting is required. Photo identification is required for your exam.

DIGITAL MAMMOGRAPHY: DO NOT apply any powders, deodorant or ointments to the underarm area or breast area on the day of the exam. If you experience breast tenderness prior to or during menstruation, try to schedule a routine mammogram at a more comfortable time during your cycle. Wear a two-piece outfit.

ULTRASOUND, GALL BLADDER OR ABDOMEN: Patient should be fasting for eight (8) hours prior to the exam. Nothing to eat or drink. No chewing gum.

TRANS/ABDOMEN, PELVIS AND PREGNANCY (UP TO 6 MONTHS): One and half (1 1/2) hours before exam patient should go to the bathroom and after that drink 32 oz. (four (4) 8 oz. glasses) of liquid. All fluid intake must be completed 1 hour before appointment. DO NOT use the bathroom until after the ultrasound has been completed.

ULTRASOUND RENAL: Drink 16 oz of water 30 minutes prior to exam.

CT SCAN OF CHEST, HEAD, NECK, EXTREMITIES, SINUSES, AND SPINE: No preparation necessary.

ABDOMEN/PELVIS: NPO (nothing to eat or drink) after midnight. You will be given a contrast to drink as part of the exam and will need to wait one hour prior to scanning. *If you are allergic to Iodine please inform technologist before drinking contrast.

EXAMS ORDERED WITH IV CONTRAST: Nothing to eat or drink after midnight. *If you are allergic to Iodine please inform the technologist. *Diabetics, patients over 50 years of age, or patients with renal issues must have a BUN and creatinine lab test done at least two months prior to day of exam. * If you are taking diabetic medications containing metformin you will need to stop taking your medication after your exam for 48 hours (two days). *If you have any concerns or questions about stopping your medication, please consult with your physician.

TODDLERS: Ages 36 months to 6 years: Sleep deprive patient up to midnight the night before exam. Do not let child sleep any time prior to arrival for exam.

MRI 1.5 T/OPEN MRI: CONTRADICTIONS: If you have the following devices implanted in your body you will not be able to have an MRI exam: Pacemaker, metallic cardiac valve, cochlear implants, TENS unit, brain aneurysm clip or battery-operated pump (insulin, pain medication, etc.).

CLOTHING SUGGESTIONS FOR MRI: Do not wear jewelry of any kind. Wear comfortable loose clothing such as warm-ups. Do not wear anything with metal zippers or buttons. Anything metallic will affect the image of the exam and will get attracted to the MRI magnet which is dangerous. Do not wear any make up or mascara.

DIGITAL X-RAYS: No preparation necessary.

BONE DENSITY:

*If you had a barium exam, CT scan, radioisotope, or if you have been injected with any contrast dye (for testing purposes) you should inform the technician. Under the above conditions you may have to wait 10-14 days before your bone density procedure. *Do not take calcium supplements for a minimum of 24 hours (1 day) before your scheduled test.

INSTRUCCIONES DE PREPARACIÓN PARA EL PACIENTE: Favor de seguir estas instrucciones para poder obtener datos precisos en el examen. Los pacientes diabéticos no deberán tomar insulina cuando se requiera ayuno. Se solicitará una identificación con fotografía para poder realizar el examen.

MAMOGRAFÍA DIGITAL: No aplique ningún talco, desodorante, ungüentos al área de la axila o al área de la mama el día del examen. Si experimenta sensibilidad en los senos antes o durante la menstruación, trate de programar una mamografía de rutina en un momento más cómodo durante su ciclo. Use un traje de dos piezas.

ECOGRAFÍA/ULTRASONIDO:

ABDOMEN: No beba ni coma las 6 a 8 horas previas al examen.

PELVIS y EMBARAZO (hasta 6 meses): Debe tomar 32 onzas o 1 litro de agua para el examen de manera que la vejiga esté llena. Termine de beber el agua 1 hora antes del examen. Durante el examen se tomarán las imágenes, y se le pedirá que vaya al baño a orinar después del examen.

EXAMEN DE TOMOGRAFÍA COMPUTARIZADA/CT SCAN: Favor de no ingerir alimentos las cuatro horas antes del examen. Favor de no beber líquidos las dos horas antes del examen.

ABDOMEN: Se le dará un líquido de contraste que deberá tomar antes de llegar al centro de estudio. El día del examen siga las instrucciones que vienen en el recipiente. Cada recipiente representa una dosis.

NIÑOS: (De 3 a 6 años de edad): Deben ser privados de sueño desde la media noche del día anterior a su cita. Tampoco le permita dormir antes del examen.

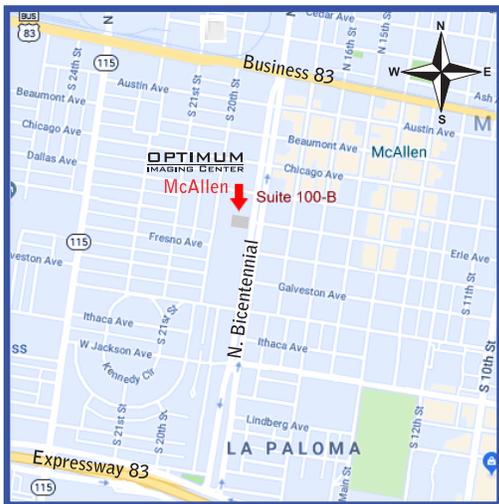
RESONANCIA MAGNÉTICA (MRI): Si se harán estudios de su hígado o páncreas, no coma ni beba las 4 horas previas al examen.

NOTIFIQUE AL PERSONAL DE INMEDIATO SI: * Está embarazada o hay posibilidad de estarlo * Está amamantando * Pesa más de 300 libras o 136 kilos * Tiene un marcapaso cardíaco u otro dispositivo implantado como bomba o estimulador de insulina * Tiene Clips para aneurismas * Tiene fragmentos metálicos en el cuerpo * Tiene placa o prótesis articular * Es alérgico al líquido de contraste.

Quítese todos los artículos que podrían ser afectados por el imán. Estos pueden incluir horquillas para el cabello, joyas, monedas, dentaduras postizas, llaves o tarjetas de crédito. De preferencia deje sus artículos de valor en casa. Se le pedirá que se ponga una bata de hospital.

RADIOGRAFÍA/RAYOS _ X: No es necesaria ninguna preparación.

DENSITOMETRÍA ÓSEA (DEXA): Si ha sido sometido a estudios con bario (series GI), una tomografía computarizada, radioisótopo, o si se le ha inyectado un colorante de contraste para algún estudio, notifique al técnico. Podrían hacerle esperar de 10 a 14 días antes de poder realizar este procedimiento. *No tome suplementos de calcio por al menos 24 horas antes del estudio. *Use ropa cómoda que libre de cualquier objeto de metal y que sea fácil de cambiar en caso que se le pida ponerse una bata de hospital.



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